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MILES adds realism

CSB conducts field training

by R. Gibson

BERGEN HOEHNE, West Germany—Members of the Combat Support Battalion, Berlin Brigade, have for the past several weeks been conducting some of the types of training that they don't get the opportunity to receive in Berlin.

Many of the different training phases are totally new to soldiers from Berlin. One of these new training innovations is the use of the MILES laser system in a combined-arms atmosphere.

The "players" in the MILES FTX came from the battalion, as well as various support and combat units from West Germany. Once all the players had been selected, they were formed into three teams for the FTX which contained four phases. Two teams joined forces and opposed the third. On a rotating basis all three teams had the opportunity to act as both the aggressor and defender.

Another aspect of the FTX was a 25-kilometer tactical road march over the dusty tank trails of this training area. Movement to contact exercises were also practiced and the FTX was concluded with an all-out deliberate daylight attack.

The feature that most impressed the players and evaluators was the MILES system.

"The MILES interphase with this FTX was superb," said Capt. Patrick D. Winn, Battalion S-1. "It added incomparable realism, and even the individual soldier could see the fruits of his labor."

Following the three-day FTX, the men and women of the battalion took to the ranges. The howitzers of Battery C, 94th Field Artillery, the tanks of Company F, 40th Armor, and the engineers of the 42nd Engineer Company each got some practice in their particular specialties.

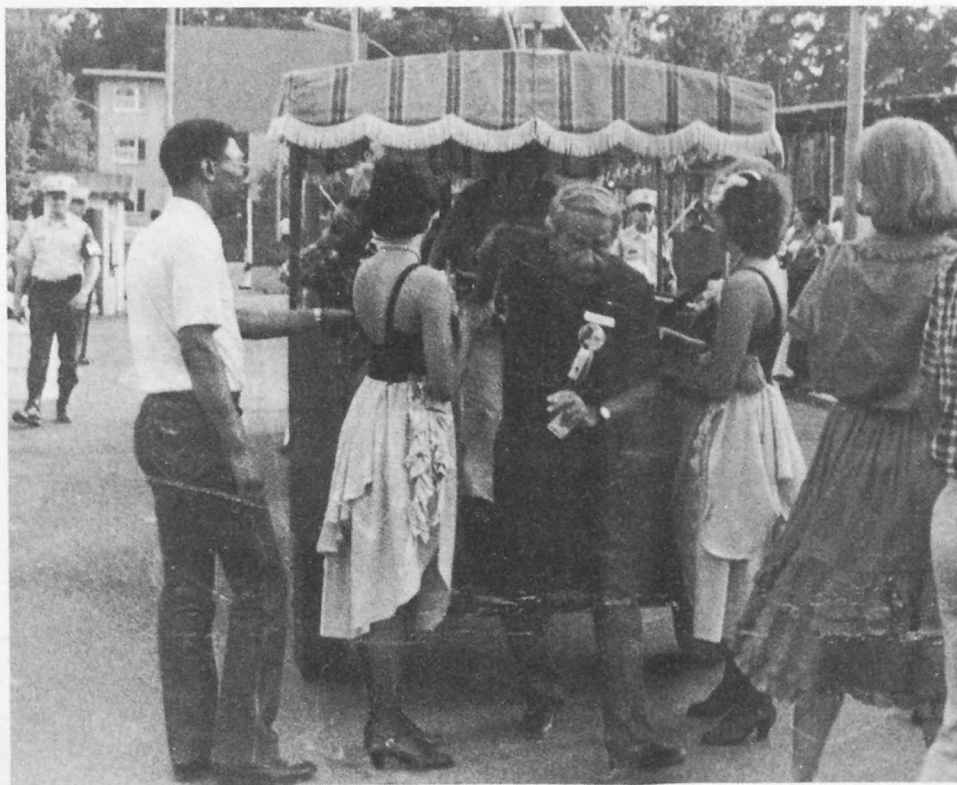
(continued on page 8)



BLOWIN' IT—The 42nd Engineer Company spent time on the demoli-

tions range constructing a road they later destroyed. (Photo by R. Gibson)

Volksfest celebrates District Nights



DISTRICT NIGHT—With the assistance of the showgirls, Guenter Schulz, chairman of the Zehlendorf District Assembly, gets off the Patriot

at the German-American Volksfest District Night. (Photo by Sue Sweeney)

by Sue Sweeney

This week at the German-American Volksfest, a special link in German-American friendship is being formed.

Tuesday evening, Zehlendorf District Night, was the first of six District Nights. Couples from each of the six districts in the American sector of Berlin are invited to spend the evening with American couples from the district's partner battalion or unit of the Berlin Brigade.

Gen. Leroy N. Suddath, Jr. community commander and his wife are hosts for each district mayor and his wife.

Tuesday evening began with introductions and a chance to talk at a special dinner at the Thomas A. Roberts Elementary School cafeteria. Guests sampled foods from the Volksfest menu.

The couples then followed or rode the Patriot, a small choo-choo train that carried its passengers to the fest hall on the Volksfest grounds.

Suddath took the opportunity to ex-

plain a little about the Volksfest and welcome the couples to the Zehlendorf District Night. He then presented the mayor with an authentic hardwood totem pole from the Northwest Wilderness.

Juergen Klemann, district mayor of Zehlendorf, remarked that he was very pleased that Suddath took the time to speak in German as well as English. He said it was indicative of the care the Americans show for the Germans.

As a special treat the Volksfest Wagon Wheel Revue performed. Then the couples went on rides and tried their luck at the game booths.

Wednesday was Schoeneberg District evening. Neukoelln District Night was held Thursday. Steglitz, Tempelhof and Kruezberg District Nights will be held this coming week.

According to Anne Keller, a community relations spokeswoman, the districts each have a Friendship Day for their partnership battalion, and the U.S. Army, Berlin reciprocates by holding district nights at the Volksfest.

Friends, family ignore alcoholism

Editor's Note: The following article is the third in a series by Dr. James Jacobs, clinical director, Berlin Counseling Center.

When you think of the world "alcoholic", what pictures come to mind?

Are they men in tattered clothing drinking cheap wine or begging for a quarter "for a cup of coffee?"

Perhaps, the picture is a person waking each morning with the shakes, or a person seeing pink elephants, or going through D.T.s.

Although some people do reach these stages, many people with alcohol problems do not. Because people have this idea or stereotype, they fail to see the growing signs of alcohol dependency and may, in fact, "help" the person deeper into the problem.

Develops defenses

A person with an alcohol problem often cannot see it in him or herself. This is one of the symptoms of the disease. They develop a system of mental defenses because the true facts of their dependence on alcohol is painful to think about.

They think thoughts like "I don't drink any more than X" or "I could stop if I wanted to." They say they could stop, but their families, friends and coworkers begin to wonder why they don't when repeated incidents begin affecting marriage, family, friendships and career.

What happens is the well-meaning

family, friends and supervisors "enable" the disease of alcohol dependency to progress. They do this by covering up mistakes or not confronting the person on their destructive behavior. The "enablers" often have a "thought defense" system of their own because it can be painful for them to face the possibility that a loved one or trusted employee may have a serious problem.

Excuses given

Examples of their rationalizations might be "Everyone needs to blow off steam once in a while," "Lots of peo-

ple get loaded at that kind of party" or "It wasn't any big deal" (as a response to damage, emotional or physical, caused during an alcoholic incident).

Sometimes an "enabler" will support the defenses of the alcoholic by agreeing that outside forces are to blame for the problem. "With those work pressures, who wouldn't drink more!" or "Your friends drink too much."

Even if the problem is recognized, the enabler may continue to "help" the person get worse by not confronting or talking about it. The problem drinker may not be invited to parties or

may be transferred to another department or unit. The unfortunate aspect is that all this allows the problem to get worse with marriage and family break-ups, legal problems, violence and health problems.

Treating the problem

The chances of successfully treating an alcohol problem are better the earlier it is recognized. It's also better the more the family and employer are involved. Some of the symptoms are increased drinking, and the person becoming irritable and hard to get along with, more arguments and fighting at home, problems with children's behavior at school (may indicate alcohol problems with the parents), more sick days from work and blackouts.

Blackouts are periods of time after drinking that the alcohol dependent person doesn't remember. They are indicated by questions like "What did I do last night?" or "Where did I leave my car?" Blackouts are very dangerous as you can easily imagine.

Another symptom is increasing tolerance. It takes more drinks to get the same effect. A person with a higher tolerance, and more of a long-standing problem can "drink anyone else under the table."

If you or a loved one or a friend has any of these symptoms, it's time for you to seek help NOW. The longer you wait, the worse it will become. Don't fool yourself.



-Caller's corner

In the Observer's "Caller's Corner," we will publish a selection of questions and answers that are provided to us by the Dial Action Office. The responsibility for the questions and answers rests with the Dial Action Office.



Dear Caller's Corner,

Where can I rent a vacuum cleaner, floor polisher, or rug shampooer to do my own floors? Are there any rental facilities available for these or other types of machinery?

Ambitious

Dear Ambitious,

Currently the only place to get a vacuum cleaner or

floor polisher is at Army Community Services. You can check one out for up to two months. Their supplies are limited, however, and usually there is a waiting list to check out these items. It is free, though.

DEH will clean any government furniture or rugs if you call in a work order at 819-6666. They will not, however, polish wood floors or clean privately owned furniture and rugs.

Dial Action Office

Dear Caller's Corner

Who has all the right information on how to wear the female uniforms? Do I have to wear my small necktie with the green short sleeve shirt?

Want to Dress Right

Dear Dress Right,

The necktab must be worn with the short sleeve shirt when the jacket is worn. However, the necktab is optional when wearing the short sleeve shirt without a jacket. For more information on the wear of uniforms, see AR 670-1 or call G-1, HRDB at 819-6237.

Dial Action office

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briefly

Clothing drive set

Do you have any old clothes that you do not need or want?

If so, why not donate them to the annual German Red Cross clothing drive beginning Monday and running until Aug. 20?

The clothing is used for refugees of any major catastrophe and is stored in warehouses in the Federal Republic of Germany until it is needed.

Clothes bags can be picked up at the Foodlands at Sundgauer and Dueppel Housing areas, the Post Exchanges at McNair and Andrews Barracks and at the Commissary and the Truman Plaza Bus Station, today.

Anyone who has clothes to donate should leave the bags on the curb nearest the major street in their housing area. The clothes should be put out before 9 a.m. on the morning that the trucks will be in that area. Check the schedule below to find out when the trucks will be in your area.

Monday—Dueppel and Sundgauer

Tuesday—BB housing area, Pueckler and park Manor housing

Wednesday—Andrews Barracks housing

Gas prices rise

MUNICH, West Germany—AAFES-Europe prices for premium and regular gas rose Sunday in Germany.

Premium jumped 10 cents from \$1.16 to \$1.26 per gallon and regular is up eight cents on the gallon, from \$1.08 to \$1.16. Diesel dropped one cent from \$1.18 to \$1.17 per gallon. A 200-liter booklet of premium now sells for \$66.40, 200 liters of regular will cost \$61.52 and 100 liters of diesel sells for \$31.

Two sets needed

All service members are reminded that according to AR 670-1 they must have two sets of the battle dress uniform (BDU) by Oct. 1, 1982. The Clothing Sales Store has sufficient stock of the BDU's on hand now, so coupons are no longer needed to purchase them.

Workshops set

As part of Federal Women's Week (FWW), Aug. 22-28, several workshops have been scheduled.

"Success Skills for Women" will be held Aug. 23-26 from 11 a.m. to 1 p.m. each day at the Main Library. The goal of the seminar is to counsel women about opportunities and encourage them to plan a career rather than muddle through, says Susan Stralow, seminar instructor.

"The American Woman," sponsored by the assistant chief of staff, G-3 and the University of Maryland, will focus on women's past, present and future from historical, social, legal and economic perspectives. It will be held Aug. 28-29 and is specifically suited for military personnel. The seminar will take place at the Berlin American High School from 8 a.m. to 5 p.m. and is worth college credit.

Registration for the "American Woman" seminar is at the University of Maryland office in Bldg. 4, Clay Headquarters. There is a \$15 charge for registrants who have not taken courses from U of M previously.

Registration for both seminars is possible at the FWW's community fair Aug. 22 in the Truman Plaza parking lot.

Driver caution

School vacation ends August 30. Once again the little ones are out to go to and from school.

First graders will receive yellow caps to be identified as beginners. Drivers should apply caution in approaching the little ones.

But also the older ones need some attention during the first days of school until they realize the summer vacation is over.



Help for fuzzy TVs

Are your favorite television programs coming in fuzzy?

Problems experienced with TV reception in government housing and Army barracks should be reported to the CCTV section, C-E Division by calling 819-6478.

This number is normally manned during duty hours and is equipped with a recording device during non-duty hours.

Further information can be obtained by calling 819-6478 or the Radio Branch Office at 819-6025 or 819-6334.

SCT tests needed

HEIDELBERG, West Germany—USAREUR soldiers at risk of having sickle cell trait (SCT) are being urged to take blood tests for positive identification, in

light of new guidance received from the Army Surgeon General.

According to Col. Sylvan R. Ruark, preventive medicine consultant for 7th MEDCOM, there is new guidance that people with SCT have a potential for developing sickle cell illness, a temporary condition, which, in rare cases is associated with sudden death.

"About 8,000 Americans in Europe, virtually all of them of African descent, are probably SCT carriers," Dr. Ruark said.

SCT is an inherited genetic factor affecting about eight percent of black Americans and about one percent of others of various Mediterranean origin. "Soldiers with SCT can live normal lives and engage in normal activities," Ruark said, "but they must be concerned about their lifestyle in certain situations."

Identification of SCT carriers is important so they can avoid the circumstances that could endanger their lives and the lives of others.

Check your spec's

MUNICH, West Germany—If you order a new Honda or Subaru with U.S. specifications, don't plan to drive it in Europe on leaded gas.

According to AAFES-Europe spokesman Maj. Ben Thornal, 1982 Hondas and Subarus with American "specs" are designed only for unleaded fuel not available in Europe. "Use of leaded gas in these cars with U.S. specs can cause extensive damage to the engine and emission control system," he said.

Thornal said some owners have come to AAFES-Europe garages for help, but exchange garages can't repair this damage short of installing a new engine designed for leaded gas. "Even if a new engine is installed, and the car driven in Europe on leaded gas, it can't again be driven in the U.S. on unleaded gas without another costly conversion," he added.

AAFES-Europe dealers do not sell Subarus or Hondas. Owners or prospective buyers should contact Subaru and Honda dealers for further information.

Dangerous tires

MUNICH, West Germany—According to AAFES-Europe, many military motorists don't realize standard American tires aren't made for the fast pace of European highways.

"U.S. tires are designed for speeds and roads back home which doesn't take into account driving on Europe's highways which have higher speed limits," exchange spokesman Maj. Ben Thornal said.

"Some Americans are lulled into a false sense of security because tire commercials back home stress the ruggedness and durability of their products," he continued. "Even steel-belted radials have been known to 'chunk' or disintegrate at high speeds."

European radials have these speed ratings: SR, for speeds up to 180 KM per hour; HR, for up to 210 KM per hour and VR, for speeds over 210. While these tires generally perform as rated, check your owner's manual to ensure they'll fit your car properly. Not all American cars can use European tires and an improper fit is dangerous.

School that sets the standards

Story and photos
by Doris Flack

"They told me everything I needed to know about being stationed in Berlin," said one recent graduate of the United States Army Berlin School of Standards (SOS).

SOS started in 1977 as a one-week program for new arrivals and was basically a Headstart program. In

1979, however, the command felt the school should be expanded to two weeks and include classes from agencies and activities that new arrivals should be familiar with.

The school's mission is to introduce replacements to Berlin, the Berlin command and to the standards of appearance and conduct expected here, says SFC Douglas Cunkelman, school

commandant.

The instruction also includes classes designed to answer new arrivals' questions about housing, finance, personnel records, medical facilities and services such as Morale Support Activities, Army Community Services and the Red Cross.

A highlight of the two weeks for many soldiers is the day and a half devoted to equal opportunity, during which prejudices and stereotypes are examined and discussed.

Along with all this, students receive six afternoons of German language instruction which includes directions on using the BVG buses and U-Bahn and a few pointers on places of interest within the city.

Replacements also get their first taste of unit training at SOS. They

qualify with their assigned weapons and go through a protective mask confidence course.

Cunkelman, who has been commandant since September, 1981, says the plan of instruction has undergone some changes since his arrival. "We have added a class on rape prevention and are in the process of adding classes on checkbook management, the club system and Kontakt."

The biggest criteria for the addition of new classes, says Cunkelman, is does it have importance for the new arrival?

The two-week course ends with a tour of West Berlin conducted by the Berlin Information Center and an East Berlin Tour led by school cadre/instructors, SSgt. Frank Dumlao or SSgt. David Roseboro.



PRACTICE—An SOS student checks his target during zero practice at weapons qualification. He is counting

the lines so he can adjust his sights and zero his weapon.



WEST TOUR—SOS students marvel at the transformations of Potsdamer

Platz through the years. The stop was part of their West Berlin tour.



EAST TOUR—SSgt. Frank Dumlao, SOS cadre/instructor, explains the

history of the Neue Wache to SOS students on a recent East Berlin tour.



INSPECTION—SSgt. David Roseboro, SOS cadre/instructor, inspects one of

the students during a regular morning inspection.

Illustrator shapes spirit drawing Volksfest posters

by Mike Gelfand

For the last 17 years the German-American Volksfest has been very special for Olaf Weghorn.

Weghorn is the illustrator for the Morale Support Activities Division (MSAD), and his work is seen all around Berlin. He helps shape the spirit of the Volksfest by designing and drawing the posters for the event.

Starting with "Fiesta San Antonio" in 1965, his ideas have been the first view of the Volksfest Berliners have seen.

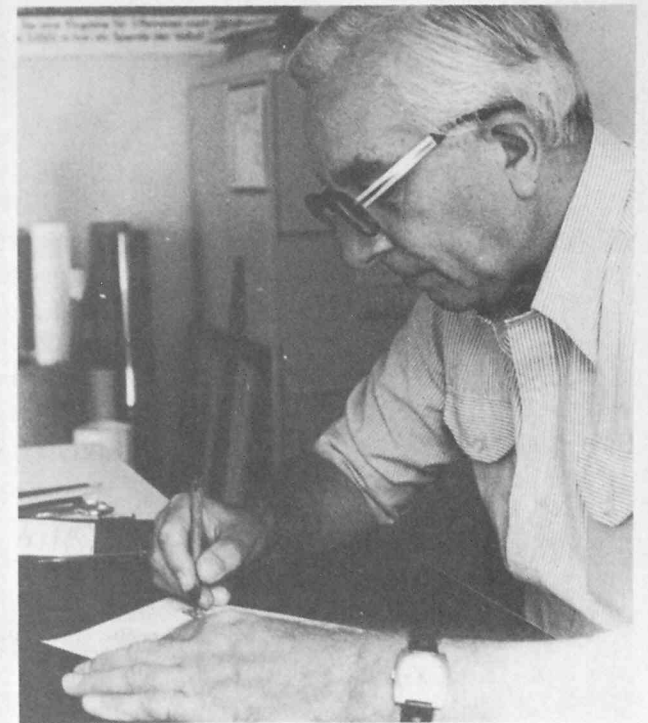
"The Volksfest Officer gives me the name and theme and I take it from there," says Weghorn. "In 1968, the Schultheiss Brewery used the 'Volksfest New Orleans' posters on billboards all over the city," he continued. "It was nice to see my work like that."

This year he was given the task of designing the

Volksfest logo around the lumberjack Paul Bunyan theme. He came up with the now familiar lumberjack and tall trees. Weghorn uses books, pictures and most of all his own imagination for his designs, which besides the Volksfest include boxing smokers, baseball, basketball and other tournaments. He designs just about all the posters, placards and billboards used by MSAD.

Weghorn explained that the hardest part of the design is the lettering. "I try to visualize what the poster will look like then decide what kind of lettering will fit the theme. The eighth Volksfest — 'New Orleans' — was about the hardest. I used French Ornamental letters, which are hard to draw.

"Each Volksfest design is a challenge and I try to do my best with each challenge," Weghorn stated.



CONCENTRATION—Olaf Weghorn, focuses his attention on a piece of artwork.



HISTORY—Olaf Weghorn displays some of the medals used to identify officials and workers at past fests. He

would be given the theme by the fest officer and would design the medals on his own. (Photos by Michael Gelfand)



HIS OWN WORK—Olaf Weghorn looks at a copy of the poster he designed for the 8th German-American Volksfest which Schultheiss Brewery

printed in billboard size and posted all over Berlin. (Photo courtesy of Olaf Weghorn)

3rd Battalion returns from field training

by Jack Oliva

Warm weather, sun and recreation; what better way to celebrate a summer weekend?

This weekend there will be a good reason to celebrate for many Berlin families. The soldiers from 3rd Battalion will return from a month-long stay at the Wildflecken training area.

Although separation from family and friends is unpleasant, the training opportunities available in West Germany are tremendous.

The 3rd Battalion was engaged in a wide variety of training exercises, designed to improve both individual

and unit readiness, during their stay in Wildflecken.

While infantry squads practiced their basic skills in both normal and simulated chemical environments and live-fire exercises, the mortar platoons practiced their ARTEP missions under a variety of weather conditions.

The results were impressive. Live-fire testing showed the mortar platoons were satisfactory with almost all perfect scores.

While the line units trained on how to accomplish their missions, the battalion staff learned how to keep the unit supplied and running

in a simulated combat environment.

Although the training exercise in West Germany is over, the soldiers in the battalion will say that it's not really over until the equipment has been cleaned and inspected.

While that may not seem like a large task, it will take the battalion a full week to accomplish. Every vehicle must be cleaned, inspected, repaired and reinspected. Every weapon, every piece of TA-50 and personal equipment will be inspected.

By the end of "recovery week" the battalion will be ready to resume training again.

Suggestion brings soldier bucks

by Sue Sweeney

Brig. Gen. Leroy N. Suddath, commander of the Berlin Brigade presented a check for \$1,000 to Capt. Edward Wolcuff on Wednesday morning.

Wolcuff, of the Maintenance Division, received the money as a result of a suggestion to the Army Suggestion Award Program.

Wolcuff proposed eliminating all the different models and brand names of electric forklifts used by the Army which would result in a savings.

He suggested that the Army adopt one brand of diesel operated forklift. This would standardize paperwork and necessary parts. It would also cut down energy costs.

Wolcuff said that the estimated cost savings would be 1.4 million DM yearly in Berlin.

"I had heard about all the problems with the different forklifts," said Wolcuff. "Each forklift needed different parts and some of these had to be stockpiled. To requisition new parts, each forklift needed different

paperwork. Then I started thinking about it and realized that there had to be some way to change it."

Wolcuff researched the problem and finally came up with a solution. he submitted it to the Suggestion Awards Program. It took almost a year before he heard the results of his suggestion.

"This wasn't my first suggestion, so I know that sometimes it's slow process," said Wolcuff. "It can be frustrating for a soldier to have to wait a long time to hear the results of his suggestion but it can be worth the wait."

Wolcuff hasn't decided what he will do with the money yet. He has six other suggestions that are being evaluated now.

"If I had one more suggestion to make it would be that other soldiers use the Suggestion Award Program to help themselves and the Army," said Wolcuff. "Remember that the suggestions don't have to save the Army money. Saving time or motivating troops is just as important."



BIG LIFT—Capt. Edward Wolcuff, Maintenance Division checks out a forklift load. Wolcuff won money

from the suggestion awards program for his suggestion to standardize forklifts. (Photo by Mike Gelfand)

Kids clean up Volksfest grounds

by Cheryl A. Dearing

The 22nd German-American Volksfest has been going on for over a week and all the visitors have had a great time enjoying the rides, various food and drinks, and the entertainment presented daily.

But with all the fun comes a lot of hard work for a certain group of people. These people are students, ages ranging from 10 to 15, who pitch in three or more hours a day to help keep

the entire American section neat and clean.

There are approximately 90 workers who were picked in a random drawing by DYA. The 10 to 13-year-old students work the first shift from 9 a.m. until noon, and the 13 to 15-year-olds have the option of working the second shift from 4 to 7 p.m., or the third from 7 to 10 p.m.

These students make \$1.75 an hour watering flowers, wiping off tables and

chairs, cleaning up the casino, sweeping the concrete and picking up the trash left lying around. The night shift makes sure all the tables in the American section stay clean.

"Everything is going very well," says supervisor Kim Kirk. "These kids are all doing a really good job. For most of them this is their first job, and the youngsters are very enthusiastic about their work."

"I think the hard work we do is well worth the pay," said Robert Williams, one of the workers. "I think it's pretty fun, and I've made a few friends," says Tammy Mahlstedt. Lettucia Maisonave said, "Everything seems to be working out okay."

Kirk added, "I think this is a great opportunity for the younger kids to be able to work and make a little money during their summer vacation."

Women host senior citizens at German-American Volksfest

Senior citizens from each of the six districts in the American sector got a chance to visit the German-American Volksfest Monday.

"Seniorentag," the German word for the day, is an annual event and a special day for the senior citizens.

They were picked up at their districts by U.S. Army buses and transported to the Volksfest. Once they arrived, they were greeted by their hostess and shown to the Volksfest tent.

The hostesses, volunteers from

the Protestant Women of the Chapel and the Sacred Heart Guild, served the guests a light lunch. The senior citizens were offered selections from the booths on the American side of the Volksfest. The Berlin Brigade band provided entertainment and the senior citizens danced to the music.

"They enjoyed themselves, but it's great it time for us too," said Ira Mulhern, a hostess. "It's not only worth-while project, we also get to meet some very interesting and exciting people."



HARD WORK—These youngsters are hard at work keeping the American section of the Volksfest spic and span.

They pick up trash, wipe tables and make sure that the grounds are kept clean. (Photo by Sue Sweeney)

events

High School Marching Band

The Berlin-American High School Marching Band will hold its Band Camp 82 at 8:30 a.m. on Aug. 16, at the Stewart Strasse baseball field. All interested BAHS students enrolled in the school's intermediate, or advanced bands may participate as instrumentalists. Students wishing to check out school instruments may do so on a first come first served basis on Aug. 14, from 1 to 5 p.m. and on Aug. 15 from 5 to 6:30 p.m. at the school. Students who do not play an instrument, but would like to participate as members of the rifle team, flag corps, swords, or color guard, should also report for the camp at 8:30 a.m. on Aug. 16. For more information contact David Bryant at 813-6513.

Job offering

The TCA Enlisted Open Mess is looking for a concessionaire to operate a coat check concession. Operating hours are: normal weekend activities to include any special occasions and parties, or upon request. Detailed information for applicants can be obtained through Ms. Hanier, telephone 819-5805, Contracting Office. Closing date is Aug. 30. Bids must be submitted in a sealed envelope.

AEC offers language courses

For Term IV, 1982, Aug. 16 to Oct. 8, the following classes are offered in Clay Headquarters Compound Army Education Center, located at Building 4, Room 405: Gateway to German Phase I, for beginners will be on Monday and Wednesday from 2 to 4:30 p.m.; A-LM German I/2, advanced beginners, on Tuesday and Thursday from 11:30 a.m. to 2 p.m.; A-LM German I/3, far advanced beginners, on Monday and Wednesday from 9 to 11:30 a.m.; A-LM German II/4, intermediate, on Monday and Wednesday from 11:30 a.m. to 2 p.m.; A-LM German II/6, far advanced intermediate will be on Tuesday and Thursday from 9 to 11:30 a.m.; A-LM French I/1, beginners on Tuesday and Thursday from 9:30 a.m. to noon; A-LM French II, intermediate on Monday and Wednesday from 1 to 2 p.m.; A-LM French IV, for conversation, Monday and Wednesday from noon to 1 p.m. For registration and, or further information call 819-6333, Monday through Friday from 7:30 a.m. to 4:30 p.m., or come by and see us. Classes are free of charge.

ads

For sale

Silver punch bowl set, five-quart bowl, ladle, 20"-tray and 12 cups, \$120; six-string guitar with case, \$45; refrigerator, Frostfree/16.5 cu. ft., \$150; 110-volt steam iron, \$5; Singer sewing machine, \$60; 110-volt AM/FM/SW, three-band clock radio, \$15; stereo turntable, \$10. Call 832-5125.

Plymouth Gold Duster, '75, two-door, 75,000 miles; tires, brakes and motor in excellent condition, \$850. Call 819-6761, Chaplain Loftus, between 7:30 a.m. and 4:30 p.m.

Yard Sale—tomorrow from 9 a.m. to 2 p.m. at 230 Argentinische Allee. PCS Sale with kitchen items, pink 5x7' rug, clothes, books, plants, albums, aquarium supplies, and much more. Sale postponed if it rains.

Hoover vacuum cleaner, 220-volt, asking \$40. G.E. food processor, good condition, 220-volt, asking \$60. Various plants, \$1 to \$15. Ironing board, \$5. Call 831-3757 or 831-3301.

1970 Mercedes 280 S, excellent condition, four-speed, navy blue, electric sunroof, new steel-belted radial tires, new muffler/exhaust system. Just passed inspection in May '82. Asking price \$2,500. Call 831-3757 or 819-3301.

1973 Ford LTD, 67,000 miles, needs oil pump — make offer. Paperback books, various subjects, six for one dollar. Also, large and healthy plants for sale. Call 802-6158.

Sterling silver tea spoon collection, by the piece or total; Sterling silver coffee service — pot, creamer and sugar bowl; several Sterling candy dishes, plates, bud vases, candle holders, creamer and sugar bowl sets, and a few other pieces. Call 832-5125.

Three-way Ultra-linear speakers, 15"x25", in teak wood cabinet, \$95 for the pair; portable 110-volt Brother sewing machine, \$35; 220-volt waffle iron, \$10; 22-caliber Luger pistol, \$65; man's fringed leather jacket, size large, \$45; large Russian flag, \$15; motorcycle/car battery charger, \$8; T.W.'s shirt size 16, pants size 32, \$6 for the set; and assorted plants. Call 801-2142.

Renault R5 Alpine, '79, 93 H.P., five-speed manual, 60,000 km, German specs. New exhaust and steel radial tires. Aluminum sport wheels. Metallic-blue. Asking \$2,800, or best offer. Call Mr. Gaffney, 813-6082 Ext: 15 (days).

PCS Sale—transformers 1600-watt, \$30; 750-watt, \$20; 300-watt, \$12; 75-watt, \$7.50; exercise bike kit, \$5; books; baby car bed, \$4; baby bathtub, \$1; maternity clothing, sizes 10-12; infant and children's clothing, girl's sizes 8-10, boy's sizes 6-8; 220-volt extension cord, \$2; glass bowl for terrarium, \$5; University of Maryland PSYC 362, Organizational Behavior book, \$8; PSYC 100 Introduction to PSYC set, \$12; Pioneer stereo rack, \$35; record and cassette cabinet, \$25; Pioneer DT-400 timer, \$35. 14b, Taylor Strasse, tomorrow from 10 a.m. to 2 p.m. in Apt. 18, if raining. Call 813-6993.

Chinon 7000 MV sound movie projector; Sankyo XL-620 movie sound camera, both are brand new with extras, only \$500. Sansui SC-2000 cassette deck, wood grain and dolby system, \$100. For more information call: 802-7599, after 5:30 p.m.

1979 VW bus, seven-passenger, 2000 cc engine, auxiliary heater fan, American specs., ship at government expense, \$6,100. Call 813-8678.

Lenze, Petri, bayonette type, wide angle, 1:2.8 35 mm, new, with case, \$65; Lenze, Petri, bayonette type, telephoto, 1:3.8 135 mm, new, with case, \$65; Bell & Howell Super 8 movie camera, model 2103X, with instruction booklet, like new, 1:2.8 5 mm-24 mm zoom lens, GAF projector and screen plus twin lamp movielight, complete, \$175; trumpet, polished brass with lacquered mother of pearl top finger buttons, new, with case, \$120; clarinet, used, with case, in good condition, \$60, both instruments ideal for student. Please call 819-7888 from 8:30 a.m. to 5:30 p.m. and ask for Gisela.

Wanted

Used baby walker and high chair in good condition. Call 813-8617.

Miscellaneous

Need a babysitter during the Volksfest? Will babysit in my home at night, or weekends. No age limit. Call 802-6599 after 5:30 p.m.

Violin lessons to all ages and levels of experience. Teacher is army wife with university teaching experience. Also, all levels of viola, beginning piano, and beginning classical guitar. Lorraine Combs, 802-8598.

Free finches and one blue rosella parrot for \$25. Call 813-6239.

DYA Fussball Tournament

Teens, did you know that the DYA is having a Fussball Tournament on Monday at 2 p.m.? Come on out, play hard and win the bragging rights to the DYA Teen Fussball Tournament.

Be crafty

A shop orientation class takes place at the Auto Shop every Saturday morning at 9 o'clock. Welding classes will take place again at the Andrews Barracks' Auto Shop in October, from Oct. 1 to 22.

Please watch requirements and deadline!

Community Events and Classified Ads for each week's issue will be printed space available only, and are due by close of business Tuesday. Only double-spaced, typewritten announcements will be accepted for printing.

Lamaze classes

The American Women's Club is sponsoring classes in the natural childbirth method on Wednesdays from 7 to 9 p.m. at the ACS conference room. The instructor is a certified Lamaze teacher with four years of experience. Call Diane at 826-1907 for more information, or to register. The next session begins on Wednesday.

Gate closed on Aug. 14

Saargemünder Strasse vehicle gate at Clay Headquarters will be closed to all incoming and outgoing vehicular traffic on Aug. 14 from 7 a.m. to 1 p.m. due to roadway construction.

CCC classes

City Colleges of Chicago will begin registering for Term I on Monday. Classes are being held at the Berlin-American High School, the hospital, Andrews Barracks, and Clay Headquarters. Among other subjects, courses will be offered in Mathematics, Biology, Astronomy, English, German, Hospital Organization, Art and Management. Video cassette courses are also available. Classes will begin on Aug. 23. For more information, call CCC at Andrews, telephone 819-3635, or Tempelhof at 819-5847.

TOPS

Are you tired of strenuous exercise and fad diets? Want to take off pounds sensibly? Join us at T.O.P.S.—Take Off Pounds Sensibly. Lots of helpful hints and lots of group support. TOPS meets in the TAR School cafeteria. Weigh-ins run from 5:30 to 6:45 p.m. Exercise to Richard Simmons from 6:15 to 6:45 p.m. The meetings start at 7 p.m. The following lectures are planned for the Berlin Brigade TOPS Chapter for the month of August: Aug. 12 — Delores Kaufman — Psychological aspects of dieting; Aug. 19 — Health and Fitness; Aug. 26 — CPT. Johnson, hospital dietitian. For further information, call in the Berlin Brigade area 813-6312 and in the Düppel area 802-7177.

University of Oklahoma

A graduate course, Problems in Communism, will be offered by the University of Oklahoma through the TCA Education Center. The course will begin Sept. 19 and will continue for one week during off-duty hours. Dr. V. Stanley Vardys, professor, author, and Research Fellow of the Institute for Sino-Soviet Studies of George Washington University, will conduct the course. For more information about this course, or the University of Oklahoma in Berlin, call 819-5237. Register before Aug. 13.

Girl Scouts register

The Berlin Area Girl Scouts will be registering girls and adults for the 1982-83 year on Aug. 14, 15 and 21 in the Main PX lobby. Hours of registration will be from 10 a.m. to 5 p.m. on Aug. 14 and 21 and noon to 4 p.m. on Aug. 15. Girls must be in the first grade, or older to be eligible to register. All adults interested in working with young girls, ages six to 17 years, are asked to stop by to register, too.

AWC tour

The American Women's Club is sponsoring a four-day tour to Budapest from Oct. 22 to 25. Included in the low price of DM 645 are accommodations at the Hilton Hotel with breakfast, round-trip air fare, extensive sightseeing and transfers. The deadline for reservations is Sept. 20. For further information, call Mrs. Schubert at 802-5179 daily from 9 a.m. to 2 p.m.

Sales outlet at Audio Photo Club

The grand opening of a sales outlet of the Tempelhof Audio Photo Club at the Starlight Grove Club is on Sept. 1. This is another service provided to you, the members of the Berlin Military Community, by your Area Club System.

CTC courses

The Central Texas College offers courses in August. Registration is in progress now. Please call CTC at 819-3649 or 819-3651. You can also call your local Education Center.

Your hospital informs

Information and Patient Assistance—Need hospital information? Call hospital information at 819-4133. Have any comments, criticism, problems or suggestions about your medical care? Visit the Patient Assistance Office at window A-4 or call 819-4230.

Central Appointment System—Thinking of just walking into the clinics of your hospital? Stop! Please call your hospital Central Appointment System (CAS) at 819-4211 for an appointment first. Walk-in patients will have long waits. Appointment patients are more readily seen and the medical care delivery system functions better. Help your hospital help you. Give CAS a call at 819-4211 before you drop in.

Pet Owners—Are you leaving Berlin, going back to the States or traveling with your pet? Your pet will require a health certificate issued within 10 days of the departure date for travel to the U.S. or most European countries. Rabies vaccinations must also have been given 30 days or more prior to the issuance of the health certificate. For further information and appointments for health certificates, call the Central Appointment System (CAS) at 819-4211.

Obtaining Medical Records—If you are planning a PCS move, remember that medical records pertaining to an adult will not be released to an individual other than to whom the record pertains. To pick up your spouse's record you must present a signed authorization for release of medical information from your spouse and a copy of the PCS orders. For more information, please call 819-4183.

Tour with ITT

For information on any of these tours, call 819-6523 or 819-7189, or sign up at the Information, Tour and Travel Office (ITT) in the Sports Center on Hüttenweg.

Through Aug. 22 the departure and return point for ITT tours will be relocated to the TAR School driveway directly across Hüttenweg from the Sports Center parking lot. During this period of time the Sports Center parking lot will be reserved for Volksfest equipment and vehicles. Tour participants are still requested to check in with the ITT tour guides in the Sports Center Lobby prior to boarding the tour bus. If there are any questions, please call ITT for clarification.

ITT invites you to a picnic and boat ride on Sunday. Bring, or buy your lunch for a picnic in Tegel and visit the Humboldt Schloss Park. After lunch we will boat ride from Tegel to Wannsee harbor.

ITT's West Berlin City Tour is as popular as ever. You'll discover why, every Sunday and Wednesday during August. See the sights of this fascinating city for the best price in town.

On Tuesdays during August you can sail away with ITT on one of Berlin's most famous boats. Cruise the Wannsee and the Havel while enjoying the tranquil scenery of Berlin's lakes and shores.

See the countryside of Berlin with ITT on its Country Roads Tour every Thursday during August. Visit Olympic Stadium, drive along the Havel to the Grunewald Tower, then on to the Freedom Bridge and the village of Steinstücken.

See the tranquil farm village of Lübars dating back to the 1700's on a tour with ITT. Get away from it all right here in Berlin on Aug. 14.

ITT goes to the Olympic Stadium twice in August for sports events. On Aug. 20, see U.S. champion track and field athletes compete. On Aug. 29, enjoy a steeplechase competition. Transportation will be provided with ticket available at the gate for these events.

The Reichstag Tour happens only once a month, and Aug. 22 is the day you can tour the back rooms, enjoy a three-course lunch, and be escorted through the museum.

What would have happened if the plot of July 20, 1944 to assassinate Hitler had been successful? Learn more about it as you retrace the events of that day on ITT's Valkyrie Tour on Aug. 28.

Visit the royal summer home of the Hohenzollern family, Charlottenburg Palace, on Aug. 29 with ITT. After a guided tour through the chambers, take a stroll through the magnificent gardens for an interesting and leisurely afternoon.

A free West Berlin Sightseeing Tour — you've got it from ITT on Aug. 29. The city awaits you, compliments of ITT.

Have a four-day pass and are wondering what to do? Let ITT take you to Garmisch, or Berchtesgaden in August or September. The tours are unconstructed, so the time is yours to hike, bike or just sightsee. For Garmisch, 25 percent of the participants must be active duty. At a cost of \$20 per person, the tours are booking fast.

Kontakt activities

Kontakt daily events: Monday—Tennis at 7 p.m. on Hüttenweg; Tuesday—Scottish Dancing at 7:30 p.m. at TAR School and Volleyball at Andrews gym, beginning at 6:30 p.m.; Wednesday—Stammtisch at the "Redwood Beer Tavern" on the Volksfest grounds, at 7:30 p.m.; Tennis at TCA at 7 p.m. and Swimming at Andrews, at 5:30 p.m.; Friday—Racketball begins at 5:45 p.m. at Andrews gym; and on Saturday—Bowling at TCA (meet at Gate No. 2) at 1:45 p.m.

For further information call 819-6809.

Community Fair in August

The Federal Women's Program is sponsoring a Community Fair, Aug. 22 in the Truman Plaza parking lot to celebrate Federal Women's Week. It's a fair opportunity for your organization to explain your services, reach potential volunteers, and raise money. For additional information on how your organization can reach out to the women, men and children of the Berlin Community, call 819-6814, 819-6385 or 819-6201.

Use of seat belts

The major cause of injuries in serious traffic accidents is the failure to wear seat belts. The impact on this command is that motor vehicle drivers and occupants are required to buckle up at all times on, or off military installations. The authority for enforcement rests in USAREUR Regulation 190-1, para 4-8. First time violators will be issued a warning, subsequent violations will result in a DD Form 1408 (Armed Forces Traffic Ticket), and will constitute a two-point violation.

something special

Care for a free concert tonight? The Chapel Choir from Cambridge, England, will present a choir concert at the Kaiser-Wilhelm-Gedächtnis-Kirche (memorial church), located on Breitscheidplatz. The concert begins at 8 p.m. and works by Stanford, Howells, Vaughan, Williams, Britten, Parry, Byrd and Tallis are on the program which will be presented under the direction of Anthony Forrester-Bennett. You can take the U-Bahn to the station Kurfürstendamm.

Good news for all rock fans — tickets are still available at all ticket agencies for tomorrow night's "SFB-Rocknacht" at the open air stage Waldbühne. Price is DM 11.50 for all seats. Rock night begins at 6 p.m. and doors open at 5 p.m.. Take the U-Bahn to Olympiastadium or buses 92 or 94.

Have you been to the Zoological Gardens lately? The Berlin Zoo is open daily from 9 a.m. to 7 p.m. and admission is DM 5 for adults and DM 2.50 for children. If you wish to see the aquarium also, the hours are daily from 9 a.m. to 6 p.m. Admission for adults is DM 4.50 and children pay DM 2.25. A visit to the zoo and the aquarium costs DM 8 for adults and DM 4 for children. Daily animal feeding times at the zoo for monkeys are at 11:30 a.m. and 3 p.m.; for seals at 11 a.m., 1 and 3 p.m.; for polar bears at 10:30 a.m.; lions and tigers are fed at 3:30 p.m. daily, except on Thursdays. You can take the U-Bahn to station Zoologischer Garten, or buses 9, 19, 23, 29, 54, 60, 62, 66, 69, 73, 90, 92 or 94.

Two more Sommerkonzerte will be given at Charlottenburg Castle's Eosander Chapel this weekend. Tomorrow and Sunday works by Buxtehude, Krol, Bach, Scheidt, Fontana and Vivaldi will be presented as summer concerts. Curtain time is 8 p.m. on both days. Tickets can be obtained at any ticket agency and you can get to Schloss Charlottenburg by buses 9, 21, 54, 62, 74 and 87.

Upcoming Concert Concept concerts are: James Last with choir and orchestra on Aug. 29, Peter Maffay on Sept. 4, and Karat on Sept. 19. All concerts will be given at the open air stage Waldbühne. Tickets can be obtained at Concert Casse, located at 83 Hauptstrasse, Monday to Friday from 10 a.m. to 1 p.m. and 2 to 6 p.m. and on Saturdays from 10 a.m. to 2 p.m. Concert ticket service number is 852-4080. — All programs are subject to change —

sports

Berlin marathon date set

The 1982 Berlin Marathon, sponsored by the Sport Club Charlottenburg (SCC), will be held on Sept. 26.

All persons interested in the marathon are advised to get their registration forms from the MSAD Sports Office and mail them now, in order to beat the Sept. 2 deadline.

Berlin Marathon '81 was a big success with 3,500 participants from 30 nations and 250,000 spectators in the streets of Berlin. Nine weeks prior to this year's event, 2,300 registrations worldwide have been accepted. A record number of registrations is expected the last day of registration.

With eight weeks to go until the marathon, the SCC has offered some training advice for would-be runners:

The first rule for training during the last eight weeks is no experiments. Stay

healthy, that's the main goal. All prospective participants should now be in physical condition to run the marathon.

Do not run faster than you expect to run in the competition itself. This means no more intervals, but longer runs in the planned running pace.

It is important that you know your marathon pace by heart. The sooner you find your pace, the better you will find your rhythm at the mass start.

Do not avoid the heat. Last year, it was very hot and the run itself begins at 9:30 a.m. and ends, depending on your pace, at or about noon. That will most likely be the hottest part of the day. It is, therefore, important that you do not have a psychological heat barrier. Do not begin your training at 6 a.m. or 9 p.m. as you can't do that

on marathon day.

Reduce your training by one-third during these hot days without any guilty feelings. A run in the heat is an 80 to 90 percent psychological problem, the remainder tactics. Both can be overcome by training.

A three-hour training run in the heat is not advisable, as it takes too much out of a runner. Be flexible, instead and don't stick to long-term training plans. Adjust your training to weather conditions. Should there be a cold and rainy day, take advantage of it and use it for an extended three-hour run.

And, finally, train your drinking habits for the heat. Drink one quarter of a liter of an electrolyte drink about 15 minutes before training.

Good luck!



Berlin athletes bring home USAREUR titles

A small group of athletes traveled to Schweinfurt, West Germany to represent Berlin at the 1982 USAREUR Track and Field Championships. Of the 17 athletes that participated, Berlin came away with two USAREUR champions, three runners-up and three second placings.

James Reed of 40th Armor won the hammer throwing event with a toss of 119 ft. The other USAREUR cham-

pion was Joan Fagerness, 287th MP Co., in the shot put, with a toss of 42 ft. 8 in., which broke the existing USAREUR record. Fagerness also was runner-up in the women's discus

Robert P. Stackhow of Co. A, FSB, suffering from a severe case of tendonitis, showed great courage in running the 800-meters and coming in second. Stackhow also placed third in the 1500-meter run. Jill Foster, also

from Co. A, FSB, a marathon runner, dropped down to the 1500-meter run and was second in this event. Foster also placed 4th in the 3,000 meter run.

In the grueling 10,000-meter run, Donald K. Wagner of the 298th Army Band finished 3rd. Richard Higgins, HHC, Berlin Brigade, was 4th in the 3,000-meter run and 5th in the 1500-meter run.

James Spoo, the only participant in

the Senior Division was 4th in the 5,000-meter run and 4th in the 10,000-meter run. David Allen of Co. B, 2nd Bn., was a finalist in the men's 110 hurdles. Barry Bankston, C-94th, was also a finalist in the 100-meter dash. Both the 100-meter and the 400-meter relay teams made it to the finals.

In all, Berlin's athletes did exceptionally well, and many have vowed to be back next year.

-shorts-

Track try-outs

The German Police-U.S. Army Track and Field Meet will be held on Aug. 18. Registration and try-outs to represent the U.S. Army Berlin team will be held Aug. 9-13 beginning at 5 p.m. at Yankee Stadium. Both men and women are encouraged to participate.

Pool reopens

The Berlin Brigade Sports Center pool reopened Wednesday after being closed for two months for repairs.

There was a drainage problem in the pool's liner, according to Richard Baldwin, chief of Physical Activities Branch, MSAD, and water had been leaking through the concrete and steel, weakening it.

Since it was discovered long before damage was done, there was no danger for the swimmers. But if the problem had been ignored, the structure would run the risk of collapsing.

The pool is now open during regular hours: Wednesday-Sunday from 12:00 p.m. for adults only, and from 1:00-6:45 p.m. for everyone.

DYA tourney results

BANTAM GIRLS—4th place			
Coaches: Jim Casson and Tom Contreras			
Scores:			
Berlin	15	Stuttgart	14
Berlin	7	Heidelberg	5
Stuttgart	18	Berlin	16
Nuernberg	15	Berlin	5
BANTAM BOYS—5th place			
JUNIOR GIRLS—3rd place			
Coaches: Wayne Glass and Jim Woodruff			
Scores:			
Berlin was victorious over SHAPE by forfeit.			
Berlin	13	Patch	12
Darmstadt	17	Berlin	16
Ramstein	12	Berlin	8
JUNIOR BOYS—3rd place			
Coaches: William Pollard and Johnny Smith			
Scores:			
Berlin	5	Ansbach	2
Berlin was victorious over Darmstadt.			
Ramstein	6	Berlin	3
Frankfurt	7	Berlin	5
SENIOR GIRLS—4th place			
Coaches: Jim Durdines and Paul Lastra			
Scores:			
Berlin	37	Stuttgart	18
Heidelberg	14	Berlin	11
Bitburg was victorious over Berlin.			
SENIOR BOYS—3rd place			
Coach: Marcus Dover			
Scores:			
Frankfurt	3	Berlin	0
Berlin	9	Munich	8
Berlin	5	Stuttgart	4
Berlin	10	Darmstadt	6
Mannheim	14	Berlin	12



GO TEAM!—Saturday, July 24th, was the 6th Annual INSCOM Day and the Field Station Berlin celebrated by competing in various events, including this tricycle race.

CSB trains (continued from page one)

The tankers of 40th Armor were involved in a week-long training phase that had them on the range for long hours firing all the tanks' guns.

At press time, the first tanks were moving down range to decide who would become the company's "top tank."

The men of the artillery battery were also lining up quadrants, marking

elevations and getting their worth out of the howitzers. Battery members faced the heat and dust of Bergen Hoehne to fine tune their ability to engage targets as far away as seven miles.

On the demolitions range, the engineers spent the first part of the demo phase constructing instead of destructing. They built a cobblestone and asphalt road measuring 100-feet long by 22-feet wide. They also welded

three steel girders together to test their expertise by blowing up both the road and the girders.

With a heavy load of explosives, set in just the right places, the engineers took their position, 1,200-meters from the doomed road. With a shout of "fire in the hole" they let it rip, sending asphalt and cobblestone hundreds of feet in the air and leaving in its place a crater large enough to hide a jeep in.

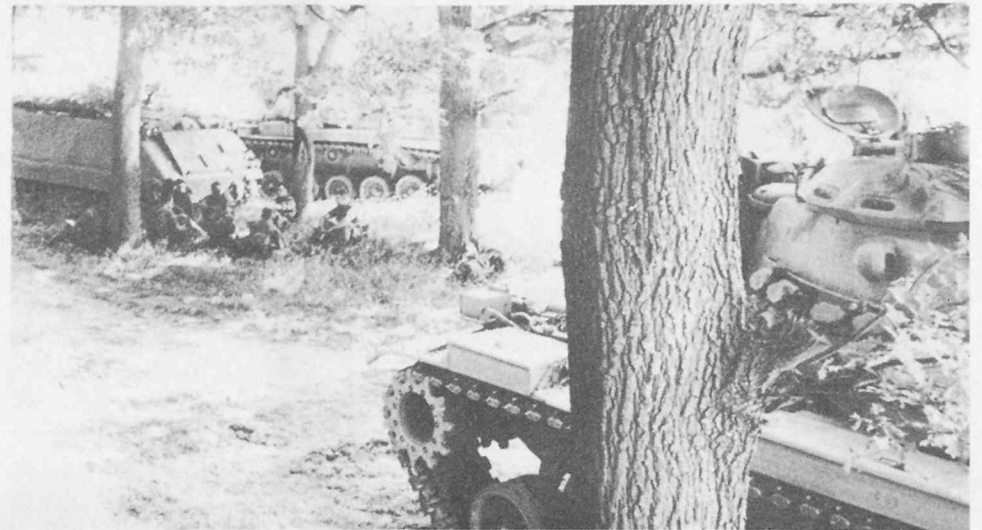
Next, by using just the right amount of C-4 plastic explosive on the steel girders and molding it around the girders the engineers blasted a steel bar straight through the three welded girders.

Tomorrow and Sunday marks the beginning of the ARTEPs for each of the companies and all of the soldiers are anxious to get started.



BRINGIN' SMOKE—The howitzers of Battery C, 94th Field Artillery got a

good work out on the ranges of Bergen Hoehne. (Photos by R. Gibson)



MEETING OF MINDS—Members of the attacking F team set down a plan

of attack during the three-day combined arms MILES FTX.

Redeyes return from exercise

The Berlin Brigade's Redeye sections returned Friday from a two-day stay in Grafenwoehr, West Germany where they participated in the annual Redeye live fire exercise.

Besides the firing of one live missile per section each member of the sections was tested on six stations composed of critical Redeye tasks. Each section was graded on their overall performance and the brigade was graded on the overall performance of the sections.

Prior to going to Grafenwoehr on July 29 for the exercise, the sections were consolidated for training under the supervision of 1st Lt. Gerald Sewell of the 2nd Battalion. The sections trained in the city for two weeks

before going to Nordhorn, West Germany, and the British bombing range to brush up their tracking skills on live aircraft before going on to Grafenwoehr for the exercise. All sections performed superbly, according to Sewell, and demonstrated their ability to perform well at critical tasks required to function effectively on the battlefield.

Firing the live missiles for the battalions were PFC Celso Garcia of 2nd Battalion, PFC Michael Ferraro of 3rd Battalion and PFC Perry McCall of 4th Battalion. All three gunners scored tactical kills.

Trophies are to be given out later this month for the best battalion and best brigade.



4th Battalion moves out

The 4th Battalion moved out during the first part of this week for 45 days of realistic combat training in West Germany.

Different types of training and exercises will be conducted. The mortar platoons will have several chances to improve and show off their skills.

Ranges will be run for the 50-caliber machine gunners, M-60 machine gunners and M-203 gun-

ners. In Berlin these gunners are limited in practicing due to the city environment. But, in the "zone", there will be plenty of opportunities for them.

Soldiers will also have the chance to fire other countries' weapons. The different types of weapons will be on display for the soldiers to examine and fire.

There are also plans for demolition and sniper training during the battalion's stay in West Germany.